**SETTING: Exterior. A hospital building in the near distance. A man, in his mid-forties and wearing a black suit and tie, enters the frame.**

HOST

“A non-descript building. Harmless in appearance, almost soothing to the eye. It’s a pleasant place to visit, yet you wouldn’t want to take up residence here. For this is the domain of the infirm, the unwell, the sick. Many of us pass through here in our lives, but few wish to return.”

**SETTING: A hallway in a hospital. We see doctors, nurses and visitors occasionally pass by. Our host enters frame and addresses the camera.**

HOST

“For those of you who have recently been released from a hospital, we present some cautionary tales, preventative measures, if you will, to aid in keeping you a safe distance from this *place* . . . found right here in the Relapse Realm.”

**SETTING: The host stands in a doorway to a hospital room.**

HOST

“Our first stop along this instructional journey takes us to a place I refer to as the infection section. It can be anywhere, in a restaurant, a store, or your home. But the one place where you are most likely to become infected is right here, during your stay in the hospital.”

**Camera pans to a man lying in a hospital bed. His head is propped up on pillows. He is recovering from an illness. There is a nurse at his bedside making adjustments to his IV lines.**

HOST

“Take the case of Eddie Barber, recently admitted to the hospital. He’s on the mend, recovering from a bout of pneumonia. But it’s important for him to avoid re-infection. And the simple task of requesting all his visitors wash their hands goes a long way toward keeping him from slipping into . . . the Relapse Realm.”

HOST

“Remember, in a hospital you’re in a vulnerable state. Safeguard yourself against re-infection. If you have a cluster of IV tubes hanging alongside your bed, check the area where they enter your arms and be aware of any redness, pain or swelling. Report it to the nurse on duty. Also, make certain your visitors aren’t sick. And always remember to have them and medical personnel wash their hands when they enter your room.”

**SETTING: Our host stands in the doorway of another hospital room.**

HOST

“Falls. It can be quite beautiful when things fall. Take for instance a falling star in the night sky. Or water falling from a rocky height. All wonders to behold. Then, of course, there are the bad falls. A hospital room. The latest tenant, one Harriett Stowe. Her prognosis: Good. If she rests and takes her medication. But Harriett needs to remember that she’s still recovering and may be weak. There’s a call bell by her bed. It’s there to summon a nurse if she needs to get up. In a strange surrounding, tethered by tubes and unsure on her feet, any attempt to get out of bed unaided can lead to a bad trip . . . in the Relapse Realm. “

**We see Harriett sit up in her hospital bed in a somewhat stiff and unsteady manner. She swings his legs over the bed. She stands for a second, unsteady, a bit tangled in tubing, and then she slowly falls over. A moment passes and we hear her groan and call for help.**

HOST

“Harriett. She’s fallen and she can’t get up. Don’t let this happen to you. Call for a nurse or a health attendant if you need to get out of bed. A fall could easily delay your recovery by breaking a few bones or even fracturing a hip. And you could end up extending your stay. No reservation required. There’s a room waiting for you . . . in the Relapse Realm.”

**SETTING: Interior of a pharmacy. Our host stands camera left.**

HOST

“The corner drugstore. Every main street has one. If staying healthy means staying out of the hospital, then this stop is an important step in that direction. It concerns a common activity referred to as the Pill Drill. Getting all your prescriptions filled properly and taking your medications as directed. It’s a sure way to stay away . . . from the Relapse Realm.”

HOST

“Blue pill, green pill, yellow pill. Brand names and generics. Understanding your medications and how to take them can be harder than trying to open a child-proof cap. When taking multiple medications, be aware that some medicines can have multiple names. Make a plan and make sure you’re not taking the same medicine twice. Research your medicines. Understand what they do for you. With the

help of your family, you can set up pill boxes. Use your cell phone to create reminders of when to take your pills. And keep your medications out where you can see them. Remember, a pill in your hand is better than the one distributed by a hospital nurse . . . making her rounds, in the Relapse Realm.”

**SETTING: Interior of a plush room.**

HOST

“Our last tale is a strange one indeed. An evil scientist pitted against his nemesis in a high stakes poker game, where amid the stacks of chips lies a quest for world domination. Is he mad? Yes. But not for the reasons you might think. For in a game of chance, he’s taking an even bigger risk than he knows. One that sets him on a course straight for . . . the Relapse Realm.”

HOST

“Dr. Yes. A man with a strategy for global conquest, but without a plan for his own health. Even if you’re feeling all-powerful, remember it’s still important to keep all follow-up doctor’s appointments. Especially after you’ve had any medical procedures done. Don’t risk your recovery. Don’t leave it up to chance. It’s a sure bet you’ll find yourself . . . in the Relapse Realm”